



Y^e Cannot Drink the Cup of the LORD and the Cup of Devils



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Ky Mar. 26. From the Auth

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NEW-YEARS-GIFT

TO

DRAM-DRINKERS,

BEING

An Earnest ADDRESS to THEM;

From the late Reverend STEPHEN HALES D. D.
Fellow of the Royal Society, and Clerk of
the Closet to her Royal Highness the Princess
Dowager of Wales.

Reprinted out of his 2d Volume on VENTILATORS.

To which is Prefixed an EPISTLE to THEM,

By WILLIAM HENRY, D. D. F. R. S. Dean of
Killaloe and Chaplain to his Excellency GEORGE
Earl of HALIFAX Lord Lieutenant of *Ireland*.

DUBLIN:

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AN
EPISTLE
TO THE
DRAM-DRINKERS.

My Friends and Countrymen,

THE Principle upon which I have always Acted is this, that every Man is bound in his Station to promote the universal good; that no Person, let his Station be what it will, is of any esteem or value in the Eyes either of God or Men, any farther than he endeavours to contribute to this End; and that it should be the Prayer of every good Man to be removed from this mortal State, when he can be no longer useful to his Fellow-Creatures therein. For he who lives, only to devour the fruits of the Earth, is in this respect no better than a Beast grazing, or rather *trespassing*, on the Soil.

To promote, according to my weak Abilities, this great End: I have frequently laid before you
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the great Evil of Dram-Drinking. I have Urged, Importuned, and earnestly besought you to flee from this contagious Pestilence, which lays waste our Country, and, if continued, must in the end destroy it.

Sorry I am, that, neither the care of the Legislature in making wholesome Laws, nor the earnest concern of your Friends for your Happiness, have as yet been effectual to reclaim you from temporal and eternal Ruin. Evil communication hath corrupted your Manners, and evil Manners have got the better both of the Laws and Gospel.

Christian Charity forbids us to give you up as sunk to a desperate Condition.

Yet, Alas ! what new Argument can we make use of to persuade you ? Let me flatter myself, that I have found out one.

When the rich Drunkard, mentioned in the Gospel, tumbled in one of his drunken fits into Hell, as many of your Acquaintance have done, an unquenchable Thirst succeeded his abandoned Drunkenness. In this Distress, he sees the poor sober Beggar who had lain at his Gate, in *Abraham's* bosom. And importunately prays, that he might be sent only to dip his Finger in water, and touch his parched Tongue. Roaring out, as I fear some of you will when it is too late, " I am tormented in this Flame." This momentary Relief could not be granted to him. He then Entreats, that this poor good Man might be sent from the Dead to warn his Brethren and drunken Companions on Earth, to *Repent*, lest they should fall into the like misery.

This also was very justly refused, as they already had in the sacred Writings sufficient Warning and Exhortations.

What

What was then refused, I now, in effect bring unto you. Behold the venerable shade of that great and good Lover of Mankind, Doctor *Stephen Hales* descending with his Crown of glory from Heaven: And calling to you in the most pathetic Manner, to abandon and forsake this most ruinous of Vices.

His whole Life was a continued course of the most benevolent Actions to Mankind, and was employed in contriving and executing well digested Schemes, not meerly for his own native Country; But for the Benefit of the whole human Race, of which he has left many Monuments, in his most useful Invention of Ventilators, which he got to be fixed in our Ships, Hospitals, and Prisons, to the saving many Thousands of Lives: In his Contrivances to preserve and keep wholesome the Food of Mankind: In his distilling of Sea Water into wholesome Drink at a trifling Expence: In his preserving common Water from putrifying, even tho' carryed round the Globe, by putting into each Butt of Water a few Pounds of Quicklime; In his Discovery of Oyster-shell-lime Water, to be an effectual Cure for the Stone and Gravel, and one of the greatest Restoratives in Nature: And in many other Instances no less Beneficial to Mankind. Insomuch, that he seemed while walking on this Earth, to be as a *Guardian Angel*, defending and directing Mankind.

But among all the good Works wherein he Engaged, none affected him so nearly, or was Pursued with so much Perseverance and Zeal, as his Endeavours to heal Men and Women of their Insatiable dropfical Thirst after *Spirituons Liquors*, to which he gave the Name of *Man-Bane*. In all his Writings he mentions them with Detestation and Horror. And in the course of near an hundred

dred Letters which I had the Honour to receive from him, in every Letter, he expresses his Resentment against this forest of Evils, and his tender Grief for the woeful Infatuation of Mankind after this Poison-Cup. And most earnestly urges me to persevere to the last in plucking Men as *Brands* out of this Liquid Fire into which they wilfully throw themselves.

In his Letter to me from *Tedington, Septemb. 29th. 1757*, are these Words.

21/ “ It behoves all who have the real Interest of
 “ Mankind at Heart to persevere in their Endeavours to rouse them to a just Abhorrence of
 “ spirituous Liquors the most Destructive *Hydra* ;
 “ and if many more could prevail on themselves
 “ to be as much in earnest as you are, then much
 “ might be done. Tho’ I thank God, I have
 “ been blessed with Success in promoting several
 “ Things which will be of a lasting Benefit to
 “ Mankind, yet nothing I have done, has given
 “ me near the Satisfaction, that the public Testimony which I have for 26 Years past borne
 “ against these infernal Spirits ten different Times,
 “ has given me: And as I intend soon to begin to
 “ print my second Volume on Ventilators, I have
 “ in the strongest Terms expostulated on the Subject; hoping, that as Ventilators are coming
 “ into more and more general Use, so my Book
 “ on that Subject will probably be proportionably dispersed about the World, In which I have
 “ given my last dying Testimony against them,
 “ I being this Day, I bless God, *Eighty - Years*
 “ old.

As it pleased God, for the good of Mankind to continue him to us, in Health and Activity for some Years longer, he persevered in the same noble Zeal against spirituous Liquors to the last, whereof,

whereof, I have a strong Instance in his last Letter which came to my Hand on *January 5th. 1761*, the Day on which this great *British Elijah* was translated to Heaven. He quotes a Letter to him from Mr. ELLIOT of *Killingworth in Connecticut*, where he observes, "That since the free Use of
 " Spirits, there are no Swarms of Emigrants
 " from the northern Hive, issuing out, as in the
 " primitive Times of Temperance, before this An-
 " gel of Death had drawn his Sword. This distil-
 " ed Spirit is a second *Nimrod*, a mighty Hunter
 " which lays waste the Nations. Like the de-
 " vouring Locusts. A Garden of Eden before,
 " and a Wilderness behind. Much Money has
 " been given to see *Fire-Eaters* act their Part of Fol-
 " ly. Here Persons may see *Fire-Drinkers* act a
 " more tragical Part every where and every Day
 " for nothing. Then he adds, "what a Blessing is
 " laid up for those who are providentially called
 " forth to oppose those worse than infernal Spi-
 " rits: Those who thus zealously aim at *honouring*
 " *God, he will honour.*"

And in another Passage he writes these Words,
 " I am sorry that there is a Drawback, and Boun-
 " ty to encourage the Exportation of these worse
 " than infernal Spirits, in order to poison other
 " Nations as dear to God as ourselves. Could
 " we export these mighty Destroyers to the In-
 " habitants of the Moon, or of Saturn's Satellites,
 " I should be zealously and utterly against it, as
 " being an effectual Means to debase and destroy
 " God's Creatures there Were there a Confede-
 " racy to consult about establishing the Kingdom
 " of *Satan*, and destroying all the wise and gra-
 " cious Designs of Christianity; could they, or
 " even the *infernal Divan*, devise a more effectual
 " and expeditious Way to do it, than by holding
 " forth

“ forth within the Reach of all those intoxicating
“ Spirits, which so greatly debase human Nature,
“ and absolutely drive out all Sense of Religion?

I shall at present quote no more out of this great and good Man's private Letters to me; but as he distinguished me by his Friendship, and continually urged me to persevere; I think myself bound to obey his dying Commands: And to promote while I live the great Work which lay nearest his Heart.

I cannot do this more powerfully than by presenting to you the Address of this *Preacher of Righteousness*, in his 2d. Volume on Ventilators. *Altho' he be Dead, he yet speaketh*. And, if ye will hearken to this good Spirit, come to you from the Dead, his Words will restore Health to your Bodies, and bring Salvation to your Souls.

That they may have this happy Effect, is the ardent Prayer of

Your Humble and Affectionate

Servant in Christ Jesus,

WILLIAM HENRY.

Dublin, Jannary 1st. 1762.

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AN
E X T R A C T

OUT OF

Dr. H A L E S's

SECOND VOLUME ON

V E N T I L A T O R S.

BESIDES the common Motives of Humanity to use our best Endeavours for preserving the Health and Lives of Mankind, there are some peculiar to this unhappy Age; in order to counterballance, in some measure at least, the astonishing Havock and Destruction that is made of the Lives and Morals of Mankind, over a great Part of the World; occasioned by fermented distilled spirituous Liquors, which even debase the Breed of Man: An Evil so amazingly great, that did not woful Experience too fully prove it, it would seem incredible to believe, that any whom it concerns, could possibly be so negligent, as not to use their utmost Endeavours to suppress that destructive *Man-Bane*.

IT is the just Observation of Dean *Conybeare*, in his Sermon on the Thanks-giving-day for the Peace, 1749, viz. "Here then the true Lover of

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“ his Country has a noble Field of Action; and
 “ he is so much the more concerned to attend to
 “ this Point, because the Decay of Morals in this
 “ present Age is notorious: Vices to which Men
 “ heretofore were tempted only by Affluence, are
 “ now derived down to the lowest Part of the
 “ People; so that those in whose Virtue and Di-
 “ ligence heretofore consisted the main Strength
 “ of the whole, are now become more and more
 “ a Burthen. The Consequence of this is dread-
 “ ful, and therefore the Concern to prevent it
 “ must be obvious.”

As there is an Abatement of one-third of the
British Distillery, by reason of the Excise laid on
 those Spirits, so it is a good Omen that an effec-
 tual Restraint will be laid on those most destruc-
 tive Liquors. How humane and laudable an Ex-
 ample will this be to those other Nations of the
 World, where this greatest of all Evils that ever
 befel unhappy Man, makes an uncontrolled, a-
 mazing Havock of the Lives and Morals of Man-
 kind.

THAT eminent Physician Dr. *Hoffman*, in his
 seven Rules for preserving Health, expressly cau-
 tions against the Use of distilled spirituous Li-
 quors: “ Because, he says, they are above all
 “ Things most unwholesome; because caustick
 “ burning Spirits, by inflaming the Solids, and
 “ coagulating and thickening the Fluids, cause
 “ Obstructions, which bring on many fatal Dis-
 “ eases; such as Hectick Fevers, Jaundices, Drop-
 “ sies, &c. whereby Multitudes are daily and
 “ yearly destroyed. And also that they rot the In-
 “ trails, such as the Liver, Stomach and Bowels;
 “ as is evident he observes, not only by opening
 “ the Bodies of those who are killed by drinking
 “ them, but also by what is observed in *Germany*,
 “ of

“ of the Effects which the caustick, fiery, remaining Wash of Distillers has on the Guts of Hogs, which are thereby so rotted, that they cannot make Hogs Puddings with them.” And to the same Cause together with the greater Quantity of Liquor which they swallow down, it is doubtless owing, that the Bladders of such Hogs are much larger than those of other Hogs, *viz.* because being tender, they more easily distend in blowing up: And the whole Flesh of such Hogs is so much tenderer, that it will not keep by salting, so well as the Flesh of other Hogs will do.

It is the known Observation of Dealers in Hair for Wigs, that they can distinguish the Dram-drinker's Hair by the Touch, finding it dry, harsh, dead-ended, and unfit for Use. And in the same manner it is, that it spoils the Stomach and Bowels, the Liver and Lungs, and the whole Body of those unhappy Persons.

AND it is very observable, that these pernicious distilled Spirits not only hurt the Bodies, but spoil the Tempers even of Hogs; for it is a known Observation, that if a Distiller's Hog cries out with the Voice of Distress, the other Hogs will fall on him and destroy him, if he is not immediately taken from them; whereas it is well known, that the Farmers Hogs are zealous in defending each other, when they cry out in Distress.

AND distilled Spirits have the same bad Effect in depraving the Tempers of Mankind, by heightening their Passions, or making them perverse and cross: They tend greatly also to the depraving of their Morals, by quenching the Spirit of Religion to such a Degree, as to make them prophane and abandon'd, as to all Sense of Duty to God and Man; as also wholly regardless, either of their own present temporal, or future eternal Welfare and

happiness. Thus, not only their temporal bodily Health is irreparably depraved to such a degree, as that, by the concurring Testimony of all Physicians, it cannot be restored; for Medicines have no healing Efficacy on such: but what is infinitely worse, and an astonishing Consideration, their Souls are debased and sunk at so vast a Distance from all the healing Influences of Religion, that they have no Sense of, nor Longings after, *the Fountain of ever-living Waters*: For human Nature is so excessively debased by distilled spirituous Liquors, that it would be no inconsiderable Degree of Happiness to be raised thence, even no farther than to the low State and Condition of brute Creatures: For it is an unjust and disparaging Comparison, even to the brute Beasts, to compare an habitually drunken Dramist to those sober, temperate Creatures, who have a strong natural Affection for their Young-ones, which is notoriously extinguished in Dramists. God, who has curiously wrought our wonderful Frame out of the Dust, knowing how prone we are to disorder it by Irregularities, of his tender fatherly Care for us, has not only implanted in us a strong desire of Life and Self-preservation, but has also strictly enjoined us to avoid all destructive Irregularities and Vices, and the practice of those Virtues which are so well adapted to our Nature, that they have a natural Tendency not only to keep the Body in Order, but also to give *Health to the Soul*, as well as *Marrow to the Bones*, Prov. iii. 8. Yet how is this delicate, this curiously wrought Frame, often abused and disordered, by repeated Irregularities of many kinds: But never before to the enormous Degree that it has of late Years arrived at, by the excessive Abuse of that *Bane of human Nature, fermented distilled spirituous Liquors*: Which by their mischievous Effects, seem to claim Satan himself for their Author.

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THE unhappy Dram-drinkers are so absolutely bound in Slavery to these infernal Spirits, that they seem to have lost the Power of delivering themselves from this worst of Bondage, which they have unhappily brought themselves into. How much then is it the bounden Duty of those who have it in their Power, to with-hold, and not hold forth, this destructive *Man-bane*, to the People committed to their Charge.

DR. Cbeyne, in his *Essay of Health and long Life*, says, " All People who have any Regard to their Health and Lives, ought to tremble at the first Cravings for such poisonous Liquors: The Maladies begot by them bring forth Necessity upon Necessity of Drams and Jills, till at last a kind Dropsy, nervous Convulsion, a nervous Consumption, or colliquative Diarrhoea, or Flux, if not a Fever or Phrenzy, sets the poor Soul free. It is observed, that many mad People have been great Drinkers of Drams, these fiery Spirits destroying the very tender Fibres of the Brain.

" Did this bewitching Poison actually cure, or relieve them from time to time, something might be said to extenuate the Folly and Phrenzy of such a Course; but, on the contrary, it heightens and enrages all their Symptoms and Sufferings ever afterwards, excepting the few Moments after taking it down; and every Dram begets the Necessity of two more to cure the ill Effects of the first."

DR. Spert, in his *History of Mineral Waters* p. 225, says, " The oftener I reflect on the Mischief done by distilled Spirits, the more I am confirmed that the human Race had been happier had Drams never been known, and cannot help cordially joining with Dr. Allen, *Synopsis Medicin.*
" Article

“ Article 1633, “ that the plentiful devouring of
 “ those Spirits, has killed as many Thousands of
 “ Men as there are Stars in the Sky. Nay ten
 “ times ten thousand have died by these more than
 “ all the rest of the Poisons whatever. Where-
 “ fore, if such Spirits deserve not the Name of
 “ Poison, he neither can learn nor conjecture by
 “ what else they should be called; for taken in-
 “ wardly they are detrimental to almost all Ani-
 “ mals.”

Dr. *Linde* in his elaborate and ingenious Treatise on the Scurvy, says, That he observed that most destructive Distemper to be much increased, even to Mortality, by distilled spirituous Liquors, which Sailors are too apt greedily to swallow down. To prevent the ill Consequences of which, Admiral *Vernon*, in his Expedition to take *Porto-Bello*, very prudently mixed a good Proportion of Water with the spirituous Liquors, which had the desired good Effect on the Health and Lives of his Sailors. And Captain *Ellis* attributes to the same wise Precaution, the uncommon Success he had, in bringing home in the Years 1753 and 1755, all his white Men, which were 34 and 36, in Health, from a *Guinea* Voyage of 15 Months. And it is with Pleasure that I hear, that it is now become a more and more general Practice at Sea, to mix Water with the distilled spirituous Liquors of all kinds: Which it is therefore the bounden Duty of all Commanders of Vessels to do, who have any Value, any Bowels of Compassion for the Health and Lives of their Sailors. In our royal Navy all distilled Spirits are forbid, and Wine wisely provided.

AND the like good Effect has of late Years been found at Land, in our Colonies in *America*, by
 mixing

mixing a much greater proportion of Water with the Rum; whereby it is happily found to be more salutary: For when the Punch was stronger, it destroyed many. Which great Degree of Unhealthiness, as I well remember was then attributed to the Lime-juice, being loth to accuse their too-well-beloved Rum of such pernicious Effects: But are now happily convinced by Experience, that the weaker the Punch, so much the more wholesome it is.

AND ought not this in reason, to rouse all the Nations of the World to be in Earnest; for they have nothing more to do than to prevail with themselves to be in Earnest, in order effectually to put the same salutary Method in practice at Land. The cold, sleepy Reasons that have hitherto prevailed, to the countenancing of the contrary most destructive Practice, ought surely to be rejected with Scorn and Indignation, in a Case wherein the Welfare of Millions of Mankind is so deeply concerned: What Multitudes of Lives would thereby be saved, and innumerable Outrages, as Thefts, Murders, &c. prevented! To rectify which were, doubtless, a most apparently vain and fruitless Attempt, while Drunkenness is made the cheapest of all Vices: For these intoxicating pestilent Drams, not only destroy the Health and Lives of Multitudes over the World, but also greatly tend to deprave and debase the human Species to such a degree, as absolutely to quench all Sense of Duty to God or Man, and all Power and Inclination to discharge the necessary Offices of social Life. It is therefore to be hoped, that the Nations of the World will no longer be infatuated by this enchanting Siren, but in earnest rouse themselves to find an effectual Remedy for this epidemical Plague.

AN

AN eminent Surgeon informs me that he has observed the Stomachs of great Dram-drinkers to be contracted into half the common natural Size, and to be hard, somewhat like Leather that has been held to the fire: The Consequence of which is, Loss of Appetite, and a wasting Consumption.

AND accordingly I have found, by putting raw Flesh into several Sorts of distilled Spirits, viz. Brandy, Rum, Arrack, and Gin, that they all in like manner harden Flesh, by their pernicious, burning, caustick Salts, which are made such by the Action of Fire on them in Distillation, in the same manner as Saltpetre, from a mild, wholesome Substance, is, by the Action of Fire in Distillation, made *Aqua Fortis*, one of the rankest Poisons, its Salts being thereby formed into Darts and Spears, which tear not only animal Substances in Pieces, but also the hardest and most solid Metals: Accordingly I have been informed by Distillers here, and by Planters in *America*, that the more of the Action of Fire these Spirits have undergone in Distillation, so much the more corrosive and unwholesome they are; which is remarkably true of the later Distillations of Rum, called low Wines, which kill many of their Poor, and of the Slaves, who drink them on account of their Cheapness. Arrack is also very destructive in the *East-Indies*.

IT appears from Admiral Knowles's Orders to restrain the Use of Rum at *Cape-Briton*, which I have seen, that they got drunk with it at the rate of a thousand a Day, and that 1400 *New-England* Men were, in two Months, killed by it.

THE *Baron de la Honton*, in his Travels, Vol. II. Page 147. *French* Edition, says, " That distilled
" Spirituous Liquors make terrible Havock among
" the People of *Canada*; for the Number of those
" that drink it far exceeds that of those who ab-
" stain

“ stain from it. The Havock and Destruction
 “ which it makes among them is so inexpressibly
 “ great, that it will exceed the Belief of all who
 “ are not Eye-witnesses of it. It extinguishes
 “ their natural Heat, and makes them languid,
 “ spiritless, and consumptive: They look pale,
 “ livid, and frightful as Skeletons.”

Governor *Belcher's* Lady, of *New-Jersey*, wrote me, that Rum being very cheap there, the People are so attached to it, that in Harvest-time they make it their Bargain to have every Man a Pint a Day, besides Wages.

Dr. *Watts*, in his Book on Self-murder, says, that the Inscription on Dram-drinkers Graves should be, *Here lies a Self-murderer.*

Notwithstanding the Destructiveness of these distilled spirituous Liquors is so notorious, that not only every open willing Eye, but even the wilfully Blind, cannot but see the Miseries that they bring on Mankind; yet how does this enchanting *Siren* bewitch and infatuate the Nations of the Earth with its Sorceries, insomuch that Multitudes of unexperienced fresh Dram-drinkers are daily crowding on to taste of the invenomed Cup. And will not this Infatuation of the Nations, in all Probability, greatly tend to hasten, with an accelerated Speed, the filling up of the measure of the Iniquity of the *Gentiles*?

It is pretended that Drams comfort, warm and defend from the severe Cold to which Men are sometimes exposed, without which, they say, they should perish with Cold; which is probably, in a great measure, true of those who are much habituated to drink them: The Blood of such being thereby so much impoverished, that it is well known many of the habitual Drinkers of Drams

are cold and lifeless in the midst of Summer, without frequent fresh Draughts of it ; this is what some of them have owned to me. But, on the other hand, how much abler are sober Persons to endure Cold and Hardships ? Their vital Heat, not being extinguished with Intemperance, does by its kindly genial Warmth, more effectually secure them from the Inclemency of Weather; than the false Flash of that which a Dram gives. Besides, it is well known that Men did not perish in the coldest Countries for want of Drams formerly, when they were not to be had. Of the undoubted Truth of this Captain *Ellis* gives a full Proof, in the Account of his Voyage to *Hudson's Bay*, Page 199. Where he observes, That the Natives on the very cold Coast of that Bay, to whom the *French* are kinder than to sell distilled spirituous Liquors, are tall, hardy, robust, and active: "Whereas those of them that are supplied with Drams from the *English*, are meagre, dwarfish, indolent People, hardly equal to the Severity of the Country, and subject to many Disorders."

AND as to the pernicious Effects of spirituous Liquors in very hot Climates, as on the Coast of *Guinea*, it is observed, that the *French* and *Portuguese*, who do not indulge in distilled Spirits, are very healthy there; but that the *English* who drink Spirits, die fast. Thus also it is observed of the *Women* in *Barbados* and *Jamaica*, that being sober they live long; but it is not so with the *Men*, who are more generally intemperate.

SINCE then the Evil is become so notoriously epidemical, as to debilitate and destroy Multitudes in most Parts of the World, how destructive must it be to the real Welfare of those Nations where it rages ! It behoves therefore all who
have

have any Bowels of Pity for their Fellow-creatures, to do their best to deliver them from it. Such weighty Considerations ought therefore, in all reason, to rouse the Governors of the Nations, as tender Fathers, to use their utmost Endeavours to deliver the People committed to their Charge, from this mighty Destroyer. Can there be any Considerations of sufficient Weight to the contrary? Is it sound Policy to encourage Vice in the People because a present Revenue arises from their Debauchery? where will the Revenues be, when the People, who should pay them, are destroyed? Are not a hardy, industrious, healthy People always found to be the ablest to contribute amply to the Support of Government? And will not Temperance, in the End, be found a more effectual Means to increase the real wealth and strength of a Nation, than to make Drunkenness the cheapest of all Vices? A Vice which can no otherwise be effectually prevented from raging with its present excessive Enormity, and spreading Devastation all around, but by making it so expensive as to put it absolutely out of the Reach of the great Number of insatiable thirsty Dramists, or so weak as to be less hurtful.

It is well known that many of those who keep publick Houses shorten their Lives by intemperate drinking: The common Plea for which is, that they are obliged to do it, in order to get a Livelihood; or, in other Words, to kill themselves in order to live. And is not this the very Case of those Governments who debilitate and destroy the strength and Vitals of a Nation, in order to be Gainers by this national Temptation to *do Evil, that Good may come of it.*

BUT if the Consideration of the Inhumanity of being instrumental to the destruction of Multitudes, and in a manner, in some Parts of the World, of whole Nations, is not of Weight enough to influence; yet sure the awful Consideration that it must needs be highly displeasing to our merciful Creator, to have his favourite Creature Man thus debased, disgraced and destroyed, both in Body and Soul, ought to have its due Weight. Can it in reason be expected, that he will always stand by an unconcern'd Spectator of such astonishing Proceedings? And will he not in Mercy visit the Nations for these Things, to prevent the still much greater Ruin of future Generations; in conformity to God's usual Methods of Proceeding, when Irregularities are arrived to great Excess. And this disease is now arrived to so enormous a Pitch, that 'tis much to be feared, nothing less than his severe fatherly Correction, will effectually cure it in many of the Nations; who seem as supine and unconcerned about it, as if only so many Thousands of Chafers or Locusts were destroyed thereby: For if in 50 or 60 Years this destructive *Pest* has spread thus far and wide, how vastly greater will the Havock among Mankind be in an hundred Years more, if some Check be not put to its Career.

IF it had been said an hundred Years ago to any of the Rulers of the Nations, that they should patiently, and even unconcernedly see such Multitudes of their Subjects destroyed, both Body and Soul, and that only for sordid Lucre, would they not with Indignation have said, as *Hazael* did to *Elisha*, 2 *Kings* viii. 13. *But what! is thy Servant a Dog, that he should do this great Thing?* The plain Truth is, that it is with Nations as it frequently happens

happens to private persons, that when they grow gradually from bad to worse, they at the same time grow more and more hardened, so as to be even reconciled to Practices for which they had at first the utmost Detestation and Abhorrence; for Familiarity takes away our Attention, and robs things of their Power to strike strong upon us.

THOUGH Thousands and ten Thousands perish yearly by Drams, *yet no Man layeth it to Heart*, except the Heads of the poor wild *Indians* and *Mohawks*, near *New-England*, *New-York*, *Virginia*, and other Parts of *North-America*; who being sensible of the great destruction made among them, by distilled spirituous Liquors, have long since, and do still continue earnestly to desire that no Rum should be sold to their People. I am credibly informed, that it is no uncommon Thing in *North-America* for habitual Dramists, when Sickness comes on them, concluding it will be their last Illness, to desire to have plenty of Rum by them, that they may continue till Death in an intoxicated Condition; to so astonishingly deplorable a sottish Condition have they reduced themselves, by habitually indulging in this Man-bane. Alas! how astonishing a Calamity is this, which is vastly greater than the Sum total of all the other Miseries that ever beset unhappy Man: It being both a moral and a natural Evil; both debasing and depraving the Morals, and shortening and destroying the Lives of Multitudes, probably not less than a Million yearly all over the World; notwithstanding which, this enchanting Liquor so infatuates the Nations, that nothing less than an extraordinary Hand of Providence can deliver Mankind from this favourite, much-beloved, mighty Destroyer. Were but one-fourth of this Number

yearly destroyed by raging Pestilence, with what earnest, ingeminated Supplications, would Mankind deprecate so terrifying and sore an Affliction. How severe a Judgment is it when God leaves Men to be their own Scourgers! with how unrelenting and unmerciful a Heart do they perpetrate an Evil that ought to be deprecated both in publick and private, with ingeminated Petitions!

THUS much Necessity has urged me to speak, in a case so calamitous to Mankind, that to have a thorough sense of it, and yet not to remonstrate, nor earnestly precaution against it, were sure as criminal as not friendly to warn a precipitate or blind Person of a dangerous Precipice or Pit. Yet, alas! how unconcerned are the greatest Part of Mankind at this most enormous Ruin of Multitudes, in many Nations of the World. Thus, in *Russia*, a vast Revenue is raised from distilled spirituous Liquors, and a proportionably immense Multitude of People are destroyed thereby.

As this greatly interesting Affair requires the exerting the utmost Efforts to rouse the Attention of Mankind to the serious Consideration of it, I shall here add an Extract from a printed *Address to an eminent Person, upon an important Subject, viz.*

“ Ask those in Stations of Power and Trust, ask
 “ them if they can look with Indifference upon
 “ their poor distracted Countrymen, who are poisoning and destroying themselves? In Trials for
 “ Life, what diligence is not used to find the
 “ Truth, on occasion of the Loss of one Subject?
 “ What Care will not a faithful Physician bestow
 “ for the preservation of one Life? How did the
 “ wise *Romans* honour him who saved the Life of
 “ one *Roman* Citizen? But in the present Case, it is
 “ not

“ not one, nor one hundred, nor one thousand,
 “ but many thousands of Lives, probably not less
 “ than a Million, that perish yearly over the world,
 “ by this worst of pests. — How then dare the Go-
 “ vernors of the Nations be silent or unconcern’d
 “ in a cause in which humanity, Virtue, the Pros-
 “ perity of Mankind, and Religion, are so deeply
 “ concerned? for whatever tends not only to the
 “ weakening the Faculties, enervating the Bodies,
 “ and of course, diminishing the Industry of La-
 “ bourers and Artificers of both Sexes, but also to
 “ the preventing the Birth of thousands, destroy-
 “ ing many Infants, to the greatly debasing the
 “ breed of Man, and shortening the Lives of Mul-
 “ titudes. Whatever produces Effects of these
 “ Kinds, must bring irretrievable and final Ruin
 “ on those unhappy Nations where this destruc-
 “ tive Pest rages. Ought not then a stop to be
 “ put to this dreadful Calamity, before it be too
 “ late, *by any Means, and upon any Terms whatso-*
 “ *ever,* in those Nations where they mean to keep
 “ up any Face of Government? Nor can there
 “ be any Inconvenience like to arise from the
 “ Redress of the Grievance, that deserves to be
 “ named with those evils which must be the un-
 “ doubted Consequences of its Continuance.”

If all these weighty Reasons will not rouse a
 careless World into a Sense of Self-Preservation,
 enough to put Men upon avoiding so certain and
 terrible a Destruction, they are then surely under
 a strong Delusion and Infatuation, and consequent-
 ly abandoned to suffer the severe Punishment,
 of reaping the unhappy Fruits of their own
 perverse Ways. The calamitous Urgency of the
 Case absolutely requires the most pathetic Expos-
 tulations, to rouse the attention and Indignation
 of Mankind against this greatest of all plagues
 that ever beset unhappy Man; it being both our
 Sin;

Sin, and the severest of Punishments, which Mankind have most senselessly inflicted on themselves.

A VERY eminent Physician, of great Knowledge and Experience, has given the following Directions, for the Benefit of those who have Wisdom and Virtue enough left to abandon the odious and pernicious Practice of drinking distilled spirituous Liquors, *viz.*

“ One of the best Ways of leaving off the bad
 “ Habit of drinking Drams is, by degrees to mix
 “ water with the Drams, to lessen the quantity
 “ of the Dram every Day, and keep to the same
 “ Quantity of Water, till in about the course of a
 “ Week, nothing of the Dram-kind be used along
 “ with the water. By this means the Person will
 “ suffer no Inconvenience, but reap great Benefit
 “ upon leaving off Drams; as has been tried by
 “ many.

“ If any Gnawing be left in the Stomach upon
 “ leaving off Drams; a little hot Broth is a very
 “ good Remedy.

“ The Appetite always increases in a few days
 “ after leaving off Drams, unless by the too
 “ long Continuance of them, the Tone of the
 “ Stomach is destroyed.

“ In which melancholy State, the best Remedy,
 “ next to the *Bath* Water, is the following,
 “ *viz.* Take an Ounce of *Elixir Proprietatis*,
 “ three Drams of *Elixir of Vitriol*, and one Dram
 “ of *Minsicht's Elixir of Steel*; mix these together,
 “ and let the unhappy Sufferer take a Teaspoonful
 “ in a small Wine-glass, full of White-wine, if that
 “ can be afforded, or else *Worm-wood Ale*, or a Cup of
 “ *Carduus* or *Camomile* Tea, every morning fasting,
 “ and every Evening.”

As yet few of the Nations, whose very Vitals are
 thereby consuming and destroying, endeavour to put
 any stop to it; except the Heads of the
 native

native *Indians* in *North-America*, who have long repeatedly entreated the *English* to sell them no *Rum*: which is as effectually extirpating of them as the *Hornet* did the unsubdued Remainder of the *Canaanites*.

If Mankind, instead of receiving and entertaining this Pest with almost universal Applause and Approbation, could prevail with themselves to be in earnest to deliver themselves from it, then much might be done towards it, either by withholding it, or by lowering and weakening all kind of fermented distilled Spirits with Water to a salutary Degree; as is now practised in our Plantations in *America*, in making Punch so weak as not to be hurtful; which, when it was much stronger, was well known to destroy Multitudes. And where the like humane, wise, and laudable Practice has been used in Ships, it has had the same happy salutary Effect.

What Necessity, or even Temptation can there be, to be averse to the making them wholesome instead of being venomous and destructive; and that not only of the Lives, but even of the Morals of Mankind? How much therefore does it behove all who have any concern for the honour and dignity of their own kindred Species, any Indignation at its being thus debased and disgraced, any Bowels of Pity for the vast Multitudes, not less than a Million, that are yearly destroyed all over the World by this moral as well as natural, and therefore worst of all Evils that ever beset unhappy Man, to use their utmost Endeavours to deliver Mankind from this Pest? Was there ever a more important Occasion to rouse the Indignation of Mankind? Can we be calm and undisturbed, when this mighty Destroyer rears up its envenomed Head every where? The most zealous Advocates for Drums, even the unhappy besotted

besotted dramists themselves, the prolonging of whose Lives, and whose real Welfare both here and hereafter is hereby sincerely intended, cannot find fault with this well meant Remonstrance in defence of them, and of all Mankind against this mighty Destroyer, from one who has long been labouring, and that not without Success, in finding Means to preserve Multitudes of Lives by various Ways.

It is the just Observation of a judicious Writer, *viz.*
 “ That this slow Poison first destroys the Strength
 “ of the Body, and then makes Villainy a sort of condition for preserving in Misery those Lives it has
 “ before made wretched; it is an avowed Enemy
 “ to Industry and Honesty, and strikes at the roots
 “ of wealth and Power by enervating the Common People, who are Riches in Peace and
 “ Strength in War.”

I SHALL here add a Panegyrick on Temperance, from Dr. *Short's History of Mineral Waters*, Page 9. a Panegyrick worthy to be recorded in every one's Memory, *viz.* “ O Temperance! thou Support and Attendant of other Virtues! thou
 “ Preserver and Restorer of Health, and Protractor of Life! thou Maintainer of the Dignity
 “ of rational Beings from the wretched, inhuman Slavery of Sensuality, Taste, Custom, and Example! thou Brightener of the Understanding
 “ and Memory! thou Sweetener of Life and all its Comforts! thou Companion of Reason, and
 “ Guard of the Passions! thou bountiful Rewarder of thy Admirers and Followers! How do
 “ thine Excellencies extort the unwilling Commendations of thine Enemies! And with what
 “ rapturous Pleasure can thy Friends raise up a
 “ Panegyrick in thy Praise!”